

WORKSHOP GUIDE  
&  
DOCUMENTS  
FOR  
COMMUNITY INCLUSION  
5N1740  
AND  
LISTENING & SPEAKING  
M1C03

# DAY 1

FULL DAY - 10.00AM TO 4.00PM (6 HOURS)  
TEAM PARTNERS (STAFF ONLY)

**PURPOSE:**

1. To get you thinking about the life of the person you are working in partnership with (Team Leader).
2. To break down terms we use every day in our work into real-life contexts.
3. To discuss Community Assets, Elements & Relationships and highlight their importance.

**Today you will be covering:**

**MORNING SESSION:**

Meeting someone for the first time.

Making choices and how we present choices to service users.

Socially Valued Roles (SVR's).

Networking / Connection.

Introduction of Mapping Tools :  
Capacity Inventory (What I do Now / Future)  
Network Map (Who I know)  
Community Map (Places & Faces)

**AFTERNOON SESSION:**

3 Types of Relationships: Family/Friends, Acquaintances, Professionals.

Bridge-building.

Defining Community.

Defining Community Inclusion.

3 Community Assets: Individuals, Associations & Organisations.

Elements (examples) of Community Assets.

Larry's Story: discussion on freedoms, choices & decisions.

**LAST HALF HOUR:**

Assignment & Project briefing.

Consent Form

What to do for the next training day.

End of day EVALUATION.

**At the end of today you will have covered:**

Specific Learning Outcomes (S.L.O.'s) 1, 2, 3, 4, 5, 6, 7 & 19 of the Community Inclusion Module – 5N1740

**HOMEWORK: Over the next 2 weeks before Day 2:**

You can now complete Sections 1 & 2 of the Assignment – USE TICK BOXES AS A GUIDE.  
Print off the Team Leader Handbook and complete page 4 of the handbook and S.L.O. 1.

**PLEASE BRING THE TEAM LEADER HANDBOOK WITH YOU TO DAY 2.**

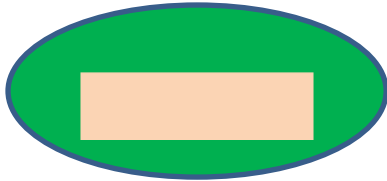
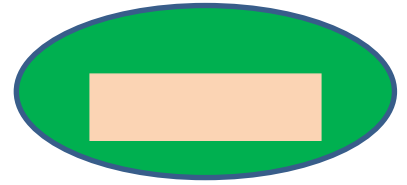
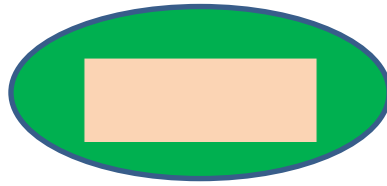
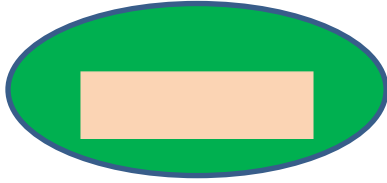
# Socially Valued Roles

SOME OF MY SOCIALLY VALUED ROLES ARE:

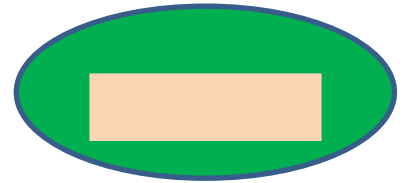
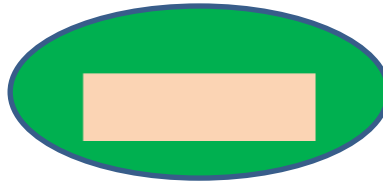
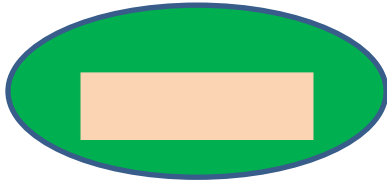
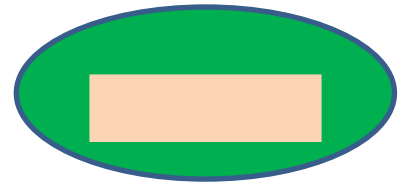
**CONTACTS:**  
(FRIEND, ACQUAINTANCE,  
PROFESSIONAL)

**OPPORTUNITIES:**

# COMMUNITY



What MAKES  
a  
COMMUNITY?



*PLACES, FACES, WHERE I GO, WHAT I DO.*

**COMMUNITY is:**

**INCLUSION is:**

### INDIVIDUALS

- Family / Friends
- Acquaintances
- Professionals

### ASSOCIATIONS

- Community Groups
- Usually not legally formed.
- Not for Profit.

### ORGANISATIONS

- ◆ Usually legally formed.
- ◆ Financially driven / monitored.

# 3 COMMUNITY ASSETS

### INDIVIDUALS

- Mum, Dad, Sister, Brother, Aunt, Uncle, Cousin, Granny, Grandad, Friend.
  - Neighbour, friend of a friend, driver, staff.
- Dentist, doctor, nurse, bank manager, sho-keeper

### ASSOCIATIONS

- Sports club, women's/men's groups, volunteer groups, tidy towns, local lottery, community hall, fundraising committees, community alert.

### ORGANISATIONS

- ◆ HSE, medical centre, church, garda station, bank, corporate organisations.

## ELEMENTS (EXAMPLES) OF COMMUNITY ASSETS

**3 Mapping Tools need to be  
downloaded from the  
websites:**

**[www.soskilkenny.com](http://www.soskilkenny.com)**

**[www.walk.ie](http://www.walk.ie)**

**Capacity Inventory**

**Network Map**

**Community Map**

# DAY 2

FULL DAY - 10.00AM TO 4.00PM (6 HOURS)

BOTH TEAM LEADERS (SERVICE USERS) & TEAM PARTNERS (STAFF)

- PURPOSE:**
1. To highlight need for relationships / networks.
  2. To distinguish between relationship types.
  3. To break down terms we use every day in our work into real-life contexts.
  4. To discuss ways (sources) of getting information about local community.
  5. To agree roles and responsibilities of Team Leaders & Team Partners.

## **Today you will be covering:**

### **Morning Session:**

Team names.

Group Rules.

{ Team building exercise – MAROONED (Page 7 Team Leader Handbook – S.L.O. 2)

{ 3 Relationship Types.

Socially Valued Roles (SVR's).

{ Defining Community.

{ Defining Community Inclusion (differentiating between physical and actual inclusion).

Associations & Organisations – make a list.

Discuss ways (sources) of getting information about your Community.

Roles & Responsibilities – Team Leaders & Team Partners.

### **Afternoon Mentoring Session:**

Working on Mapping Tools :

Capacity Inventory (What I do Now / Future)

Network Map (Who I know)

Community Map (Places & Faces)

### **LAST HALF HOUR:**

Group split: Team Leaders discussion about Listening & Speaking Module.

Team Partners discussion about Community Inclusion Module.

What to do for the next training day.

End of day EVALUATION.

## **At the end of today you will have covered:**

Specific Learning Outcomes (S.L.O.'s) 4, 5,6,7,8, 12, 13 of the Community Inclusion Module – 5N1740

Specific Learning Outcomes (S.L.O.'s) 2 & 3 of the Listening & Speaking Module – M1C03

## **HOMEWORK: Over the next 2 weeks before Day 3:**

You can now complete Section 3 of the Assignment – USE TICK BOXES AS A GUIDE.

Team Leader and you should complete S.L.O. 3 of the Team Leader Handbook.

**PLEASE BRING THE TEAM LEADER HANDBOOK WITH YOU TO DAY 3.**

# DAY 3

HALF DAY - 10.00AM TO 1.00PM (3 HOURS)

BOTH TEAM LEADERS (SERVICE USERS) & TEAM PARTNERS (STAFF)

- PURPOSE:**
1. To highlight friendships – understanding and responsibility.
  2. To facilitate Team Leader to take lead role in communicating.
  3. To acknowledge all existing relationships and how these can be bridge-builders, connectors / networks to local Community.

**Today you will be covering:**

**Morning Session:**

Friendship – completing S.L.O. 4 of the Team Leader Handbook (Listening & Speaking).  
Relationships and bridge-building.

**LAST HALF HOUR:**

Group split: Team Leaders discussion about Listening & Speaking Module.  
Team Partners discussion about Community Inclusion Module.

What to do for the next training day.

End of day EVALUATION.

**At the end of today you will have covered:**

Specific Learning Outcomes (S.L.O.'s) 11, 19, 20 of the Community Inclusion Module – 5N1740  
Specific Learning Outcomes (S.L.O.'s) 4 of the Listening & Speaking Module – M1C03

**HOMEWORK: Over the next 2 weeks before Day 4:**

You can now complete Section 4 of the Assignment – USE TICK BOXES AS A GUIDE.  
Team Leader and you should complete S.L.O. 5 of the Team Leader Handbook by arranging a meeting to discuss their future plans.



# DAY 4


FULL DAY - 10.00AM TO 4.00PM (6 HOURS)

TEAM PARTNERS (STAFF ONLY)

**PURPOSE:** 1. To address BARRIERS.

## **Today you will be covering:**

### **Morning Session:**

Barriers:  Organisational  
Personal  
Community  
Family / Home

Barriers: Being PRO SOLUTION FOCUSED.

### **Afternoon Session:**

Divide into 2 groups and discuss 2 barriers per group – discussion & feedback.  
This session is to look at specific barriers that have been highlighted in your partnership to this point in the course.

“An Ethics of Possibility – Mike’s Story”.

Discussion and suggestion of how our organisations can promote Community Inclusion.

### **LAST HALF HOUR:**

Assessment progress to date and next step.  
What to do for the next training day.  
End of day EVALUATION.

## **At the end of today you will have covered:**

Specific Learning Outcomes (S.L.O.'s) 14, 15, 16, 17, 18 of the Community Inclusion Module – 5N1740.

## **HOMEWORK: Over the next 2 weeks before Day 5:**

You can now complete Section 5 of the Assignment – USE TICK BOXES AS A GUIDE.

**PLEASE BRING THE TEAM LEADER HANDBOOK WITH YOU TO DAY 5.**

# FAMILY / HOME

<b>BARRIERS</b>	<b>SOLUTIONS</b>

# ORGANISATIONAL

<b>BARRIERS</b>	<b>SOLUTIONS</b>

# PERSONAL

<b>BARRIERS</b>	<b>SOLUTIONS</b>

# COMMUNITY

<b>BARRIERS</b>	<b>SOLUTIONS</b>



Organisational  
promotion of  
**COMMUNITY**  
**INCLUSION**

# DAY 5

FULL DAY - 10.00AM TO 1.00PM (3 HOURS)

BOTH TEAM LEADERS (SERVICE USER) & TEAM PARTNERS (STAFF)

- PURPOSE:**
1. To address barriers, blocks & challenges.
  2. To revise Team Leader & Team Partner responsibilities.
  3. To highlight 3 Personalities & how to be pro-active in your life.
  4. To discuss bridge-building.

**Today you will be covering:**

**Morning Session:**

Partnership activity – go to the list of barriers and highlight 1 barrier from each poster – work with your partner to discuss ways you can overcome this barrier.

Responsibilities.

3 Personality types.

Bridge-builders – who they are and skills they have.

**LAST HALF HOUR:**

Group split: Team Leaders discussion about Listening & Speaking Module.

Team Partners discussion about Community Inclusion Module.

Assessment progress to date and next step.

End of day / course EVALUATION.

**At the end of today you will have covered:**

Specific Learning Outcomes (S.L.O.'s) 14, 15, 16, 17, 18, 19, 20 of the Community Inclusion Module – 5N1740.

Specific Learning Outcome (S.L.O.) 6 of the Listening & Speaking Module.

**HOMEWORK: Over the next 2 weeks until Assignment Deadline:**

You can now complete recap on all Sections 1 – 5 of your Assignment and prepare for submission.

Remember to check you have ticked all the tick boxes for the content and use the ASSIGNMENT COVER PAGE AND ASSIGNMENT BRIEF PAGE, COMMUNITY MAP AND NETWORK MAP when submitting.

You and your Team Leader can now complete S.L.O. 6 of the Listening & Speaking Module and submit the full workbook with your Assignment.

WELL DONE ON COMPLETING THE 5 WEEKS OF WORKSHOPS AND THANK YOU FOR YOUR PARTICIPATION.

**REMEMBER: “Be the change that you want to see in the world” GHANDI.**

